



# BABL PLAYER DEVELOPMENT PLAN:

## Koa's Priority:

**Team-** Hitting & fielding reps during the league clinic and situational IQ during Saturday pre-game

**Defense-** Develop catch/throw skills & begin making outs

**Offense-** Make consistent contact & intro to understanding the strike zone

**Catching-** Intro to receiving

**Pitching-** Develop at least 4 pitchers (pitch count between 20- 50 pitches)

**Team-** Establish roles/positions on the team (50% attention on situational baseball & 50% on skills development)

**Defense-** Learn how to turn a double play & basic bunt defense alignment

**Offense-** Drive the ball to the outfield & bunting basics

**Catching-** Properly receives (not framing) & increased arm strength

**Base running-** Learn primary/ secondary leads & how to steal bases

**Pitching-** Develop at least 5 pitchers, learn how to hold runners on base, pickoffs, develop a secondary pitch, backing up bases & covers home plate on all passed balls

**Team-** Adjusting to larger field dimensions

**Defense-** Hit the cut-off man and learn 1st and 3rd coverages

**Offense-** Can adjust to off-speed pitches, can drive the ball in both gaps & sacrifice bunts

**Catching-** Becoming vocal leader & desires to control all aspects of the game

**Pitching-** Develop at least 5 pitchers & focus on adjusting to 60ft 6in distance (pitch count 70 max) & use offspeed pitches efficiently

## Expectations By End Of Season:

**Team-** Baseball IQ is improving, & all players understand lead runners & force plays

**Defense-** Consistently catching the ball during warm ups, & fielding ground balls in practice

**Offense-** Hitters put the ball in play at least 50% of the time

**Catching-** Consistently throwing the ball back to the pitcher's chest + catching 50% of pitches

**Pitching-** Pitchers throw 50% strikes

**Team-** Each player will have a primary and secondary position and situational IQ continues to improve

**Defense-** Each team turn one double play during the season, outfielders are catching most fly balls

**Offense-** When at bat, the player steps and then swings and can fully rotate their hips

**Catching-** Throwing out 1 runner p/season & one hoop throws to second base

**Base running-** Every player is comfortable taking a lead and diving back head first to first base

**Pitching-** Pitchers throw 50% strikes, and have an arsenal of 2 pitches

**Team-** Fielders have the arm strength to throw across the diamond

**Defense-** Most fly balls are caught

**Offense-** Hitters can recognize off-speed pitches

**Catching-** Comfortable dropping & blocking, when throwing to 2B the footwork is right-left and then throw

**Pitching-** Pitchers throw 55% strikes, have an arsenal of 2-3 pitches

**A  
(10U)**

**AA  
(12U)**

**AAA  
(15U)**

## WINTER

January (early)-  
March (mid)-

5 Sat or Sun team practices, 75 min session at Koa's Training Facility

## SPRING

March (mid)-  
May (late)

-9 weeks  
-10 games  
-Playoffs  
-All star games

## SEASON BREAKDOWN:

## SUMMER (OPTIONAL)

June (early)- July (mid):  
-5 mid week evening games

### All Stars:

-7 weeks  
-Mid week games  
-2 tournaments  
-1 practice per week

## FALL

August (late) -  
November (early)

-9 weeks  
-10 games  
-Playoffs  
-All star games