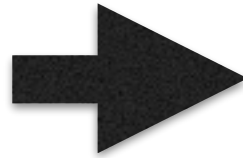




Never Played

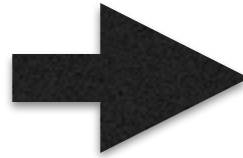
- Generate Excitement
- Hold your first field hockey stick



- Attend a Koa Field Hockey Promo day

Beginner (0-3seasons)

- Continue Excitement
- Learn the basic skills and rules of the game



- Weekday field hockey clinics
- Rec field hockey league
- Summer field hockey camp

Intermediate/ Advanced (4+seasons)

- Learn advanced field hockey skills
- Prepare for High School field hockey



- Tryout for Koa Club teams
- Weekday field hockey clinic
- Rec field hockey league
- High School prep camp