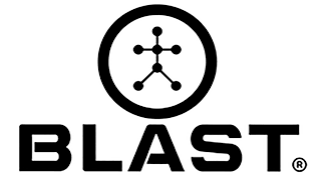


METRICS DEFINITIONS



Metric	Definition	Why We Track
Exit Velocity	How fast the baseball is traveling after the baseball is hit	To see how the ball is being hit, the harder the better!
Swing Speed	How fast the bat is traveling	To ensure exit velocity is faster than swing speed
Time to contact	The time it takes from your hands moving forward to hitting the ball	To see if the athletes possess quick hands
Pulldown Velocity	How fast you can throw the ball with a running start	To see how hard the ball is being thrown, harder the better. Also, can find mechanical issues if pulldown speed is much higher than pitching velocity
Pro Agility	Running 5 yards, changing directions and running 10 yards, then changing directions and running 5 more yards	To track quickness, first step, and change of direction
Medicine Ball Toss	(in a batting stance) throwing the medicine ball as far as possible	We track this to see how much force and power the athlete can create using the ground
Attack Angle	The angle of the bat at the point of contact	We track attack angle to ensure we have the best angle to hit the ball to the outfield
Launch Angle	The trajectory of the baseball after contact	This is a big-league metric, Koa doesn't have the technology to track this, YET!