

LEAGUE

ORGANIZATIONAL PRIORITY

EXPECTATION BY END OF SEASON

A (10u)

Team- Hitting and fielding reps at the league clinic and focus on situational baseball during our pre-game Saturday practice

Defense- Develop catch/throw skills & begin making outs and introduction to hitting the cutoff man

Offense- Make consistent contact and intro to understanding the strike zone

Catching- Intro to blocking and receiving + consistently throwing the ball back to the pitcher's chest

Pitching- Develop at least 4 pitchers (pitch count between 20- 55 pitches)

Situational IQ is improving, and all players understand lead runners and force plays

Consistently catching the ball during warm ups, and fielding ground balls in practice

Strike out (on offense) 40% or less of at bats

Pitchers throw 45% strikes. Will throw 4 seam and 2 seam fastballs ONLY

AA (12u)

Team- Begin to establish roles/positions on the team (50% attention on situational baseball & 50% on skills development) Defense- Learn how to turn a double play and basic bunt defense alignment

Offense- Learn how to drive the ball to the outfield and bunting basics

Catchers- Properly receiving (not framing) and footwork is- catch, right foot, left foot, and throw

Base running – Learn primary and secondary leads

Pitching- Develop at least 5 pitchers, learn how to hold on runners, pickoffs and develop a changeup (pitch count 35-60 pitches) and intro to backing up bases and covering home plate

Each player will have a primary and secondary position and situational IQ continues to improve

Each team can turn one double play during the season, outfielders are catching most fly balls (over 60%)

When at bat, the player steps and then swings and can fully rotate their hips- intro to load

Pitchers throw 50% strikes, and have an arsenal of 3 pitches, 4 seam, 2 seam, and a changeup

AAA (15u)

Team- Adjusting to new field dimensions

Defense- Perfect the double and tandem cut and learn 1st and 3rd coverages

Offense- Can adjust to off-speed pitches and drive the ball in both gaps

Pitching- Develop at least 6 pitchers focus on adjusting to 60ft 6in distance (pitch count 70 max)

The team is comfortable on the new diamond

Fielders have the arm strength to throw across the diamond.

Hitters can recognize off-speed pitches and hit curves & change ups

Pitchers throw 55% strikes, have an understanding of a 4 seam, 2 seam, change up or breaking pitch.

IMPORTANT DATES:

Winter: January (early) -March (late)- 6 Saturday indoor 1-hour sessions, every other weekend at Koa HQ

Spring: ~March 25th-June 14th - 12 weeks, one practice and one clinic during the week and Saturday games, 1 weekend off for Spring Break, single elimination playoff and all-star game (10U division is only a 2-day p/week commitment- Friday and Saturday)

Fall: ~August 28th-November 4th - 10 weeks, one practice and one clinic during the week and Saturday games, single elimination playoffs, and all-star game (10U division is only a 2 day p/week commitment- Friday and Saturday)

TRYOUTS:

All players MUST tryout every May for the following school calendar year. If accepted on a BABL team (it's a 1 season program), you have Koa's commitment for the fall and winter/spring seasons. Our goal is to keep our teams together until players move up from A to AA, and AA to AAA. The goal of BABL is to improve skills, and to ultimately have each player ready for the next level of baseball. Whether its someone's first year in kid pitch, or transitioning to the full size diamond.